



Mary's Medley

May 2006
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MAY~~~

Fifth month of the Gregorian calendar
Begins on Monday, contains 31 days

Birthstone: Emerald
Flower: Lily of the Valley

May—Older Americans Month
May 1—May Day
May 6—Kentucky Derby
May 14—Mother's Day
May 29—Memorial Day
May 30—traditional Memorial Day

...in the MERRY Month of MAY

Happy Birthday Angela and Emily!!

~tea~

HAPPY MOTHER'S DAY!

Red or white carnation? Living or deceased, it doesn't matter. We will always love our moms. There are these wonderful ladies all around us. In addition to our own precious mothers, there are our daughters with their own babies, our sisters, friends, grandmas, aunts, sisters-in-law, cousins, and nieces. Add to the list your loved ones.

Choose your special way to honor your mother and celebrate this national holiday. Never forget to thank her for all she has done and does for you. Very important!! Tell her how much you love her. Then show her how much you appreciate her. Her love for you has had no boundaries.

~tea~

Older Americans Month

In many international countries, older citizens are revered. I do not consider myself an older citizen even though AARP does and gladly collects my membership. Since August of 2001, I have found myself discriminated against due to my age more times than I care to remember.

Age discrimination is usually subtle and very difficult to document but it exists more than most of us realize until it happens to us. For others, sheer denial exists, that it ever occurs.

When age discrimination enters your life, you may not recognize it and blame yourself for whatever circumstances have befallen you. After two or three instances you'll start to identify the hallmarks of this disturbing practice.

How do we handle this problem? My belief is in prevention. However, there are more qualified persons than I to answer this question. Seek out your local Area Agency on Aging, the local AARP, retired teacher, federal employee, (fill in the blank) group for advice and/or resources available to you. Some of these agencies retain attorneys for the purpose of advising/representing their membership.

It is never too late to teach people respect. Age discrimination is abuse and it must be stopped.

~tea~

Mother's Day became a national holiday by order of President Wilson in 1914.

TEA in the NEWS

Recent news from the United Kingdom Tea Council concerns London's Mayfair district's, *Claridge Hotel*. This fine, old establishment has been awarded the honor of being recognized as London's best location for afternoon tea. Several businesses were surveyed, scrutinized, and shopped. The Claridge was bestowed the honor.

~tea~

Katherine Khor from Exclusivitea, authorized dealer for Ronnefeldt, a premium German tea, has the following suggestions for enjoying your cuppa.

1. don't add anything, instead enjoy the natural flavors of your tea
2. if using sugar, use white sugar or crystals
3. if desiring extra sweet tea, use brown sugar
4. lemon and artificial sweeteners spoil the flavor and aroma and their use is not advised
5. condensed milk is not advised but fresh milk is recommended with Assam teas

Please note: This is information I have been providing my clientele for many years. However, it is nice to see someone else addressing these issues.

~tea~

Third grade students in a Chinese province are required to pick tea for approximately two weeks. It supposedly is to give them workplace experience, teach thrift, and improve their health. If each child doesn't pick a sufficient amount, they are punished by completing difficult tasks or extra

homework. The school benefits financially from the children's labor. source: ShanghaiDaily.com

~tea~

TEA of the MONTH

Mary's Gettysburg Springhouse Mint.

This is one of my favorite private label teas. It is truly a minty tea. Fresh and lively. This robust green tea is a China gunpowder leaf flavored with several mints. It is great hot and iced. It can be purchased pre-packed or by the ounce.

Just so you know, I really have a springhouse, which is my home's water source.

A little history, it was Mummasburg's town spring and without a doubt, refreshed many of the 13,000 Confederate soldiers that camped in the area prior to the battle of Gettysburg.

~tea~

DO YOU REMEMBER...

~giving Lilies-of-the-Valley to a friend on the first day of May?

~dancing the May Pole?

~picking Lilacs, it seemed, forever?

~calling Iris, Flags?

~getting out of school the day after Memorial Day (May 30)?

I DO. Mary

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